

Continuing Professional Education (CPE) Diary



Aims of CPE:

To ensure that AAMT Members continue to update their skills in professional development as a Massage Therapist
 To encourage continued life long professional growth and learning for AAMT members
 To meet Private Health Fund Provider requirements as well as ethical and professional obligations as a practicing Massage Therapist
 To meet growing demands from the public, government and the insurance industry for improved practitioner competency and accountability.

- All members of AAMT are required to complete a **level of continuing professional education** every year.
- The level of education to be reached is measured in education points – or what are known as **CPE Points**.
- Please enter CPE activities and points on a CPE Diary (pls see over the page) and enter via the Member Log in or send to AAMT either by fax, email or mail.
- **AAMT does not require evidence of points.** Please keep all certificates, tax invoices etc on file at home for random auditing purposes by AAMT. Please note this excludes First Aid Refresher Certificates where copy must still be received by AAMT Office.
- **Massage Therapist** members are required to gain **30 points per annum, therefore having 30 points valid at all times** – points are valid for a period of two years.
- **Remedial Massage Therapist** members are required to gain **40 points per annum, therefore having 40 points valid at all times** – points are valid for a period of two years..
- If points are not up to date, your details will not be forwarded to the Health Funds as they do not meet Health Fund requirements.

	Continuing Professional Education Type	CPE Points
Primary Massage Qualification (on joining AAMT)	Certificate IV in Massage Therapies Practice HLT40307	30
	Diploma of Remedial Massage HLT50307	40
	Advanced Diploma Myotherapy (ADV DIP 21511VIC, ADV DIP 21920VIC)	40
	Advanced Diploma Myotherapy (not the Victorian qualification)	40
	Bachelor of Health Science (Musculoskeletal Therapy)	40
Upgrading qualifications	Diploma	40
	Advanced Diploma	40
Additional Qualifications complementing massage	Certificate IV	30
	Diploma	40
	Single unit from Health or Sports Training Package (not part of completed Cert IV / Diploma)	10
	Subject (s) from Bachelor Degree NOTE: Subjects outside of course of study. eg additional electives. 40 points are awarded upon completion of qualification.	
AAMT Accredited Workshops	AAMT arranged Course, Lectures, CPE Events AAMT Approved Providers, Workshops / Short Courses <i>For more details please see over the page</i>	1 – 3 hours = 5 points 4 – 8 hours = 10 points 2 + days = total 20 points (unless otherwise stated)
	Other Workshops	Courses run externally to AAMT related to business. eg Marketing, small business or health related topics Courses run externally to AAMT related to professional development eg Leadership, presentation or education topics
Self Directed Learning Projects	Self education through reading books, AAMT approved provider online educational modules, educational exhibition attendance, subscription to Health publications eg magazines, journals <i>For more details please see over the page</i>	5 per project
	Self education through instructional DVDs, CD-ROMs, internet e-newsletter subscriptions on health topics <i>For more details please see over the page</i>	5 per project
	AAMT Journal reading (all 4 editions per year)	5 per year
	Private tutor/mentor session	5 per session
	Professional membership with other health related associations	5 per association
	Research relevant to massage industry	15 Individual 10 Collaborative
Meetings	AAMT Board Sub Committee meeting (M&M, E&T, Ethics etc)	10
	AAMT Board Meeting	10
	AAMT Division Committee (NSW & ACT, VIC, WA, QLD, SA & NT ,TAS)	5
	Representing AAMT in official capacity authorized by Division or AAMT Board	5
	AAMT Regional Meetings – attend AAMT Regional Meetings – organise & coordinate	5 per meeting 10 per meeting
Volunteer	Staff meetings at workplace including formal training component	5
	Charitable Events, Fun Runs, Sports Events, Aged Care (Paid work is not eligible for points)	1 – 3 hours = 5 points 4 – 8 hours = 10 points (max 15 points per year)
Conferences	AAMT National Conference	40
	World Massage Conference	5 per module (max 20 pts)
	Other conferences complementing massage	15
Presentations	Presentation of paper on massage	10
	Public speaking, educating the public re massage	5
	School Talk re massage and AAMT membership	5
Publication	Writing and publishing own book on health related topics	40
	Writing massage qualification curriculum	10 per subject
	Published Article for AAMT Journal	15
	Published Article for other magazine	5
	Published book / dvd reviews for the AAMT	5
First Aid	HLTFA50307B/Senior / Level 2 First Aid refresher	20
	Annual CPR	5
Event travel	Members who travel more than 60 kms to or from an event each way	5 per event

AAMT reserves the right to amend the AAMT CPE Points system and is subject to change.

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Name: _____ Member no:

Course Title	Date completed / attended	Hours	CPE Points
TOTAL:			

AAMT Office use:

Date received: _____

Entered: _____

Where to find CPE Activity Information:

AAMT Accredited Workshops:		
AAMT arranged Course, Lectures, CPE Events	<i>Follow the "CPE Events" link on AAMT website and choose your State</i>	http://www.aamt.com.au/cpeworkshops.php?findstate=NSW
AAMT Approved Providers, Workshops / Short Courses	<i>For upcoming workshop details follow the "CPE Events" link on AAMT website and choose your State For a list of Approved providers & contact details follow the "CPE Events" link on AAMT website and select Approved Providers List</i>	http://www.aamt.com.au/cpeworkshops.php?findstate=NSW http://www.aamt.com.au/approvedprovs.php
Upgrades to massage qualification		
Contact local Registered Training Organisation or School that currently runs Diploma in Remedial Massage Therapy HLT50307	<i>Follow the "Study Massage" link on AAMT website and choose your State</i>	http://www.aamt.com.au/colleges.php?findstate=NSW
Self Directed Learning Projects		
AAMT approved provider online educational modules & study kits	<i>Visit these websites for details</i>	http://www.comphs.com.au/xcart/home.php http://worldmassageconference.com/ http://www.spinalreflexanalysis.com/sra/index.php
Instructional DVDs, CD-ROMs	<i>Visit these websites for details</i>	http://www.comphs.com.au/xcart/home.php http://www.terrarosa.com.au/dvd/index.htm http://www.omeri.com/products/clinical-orthopedic-massage-dvd-series/ http://www.vea.com.au/Catalogue.aspx
Books	<i>Suggestions include</i>	http://www.terrarosa.com.au/book/index.htm http://www.omeri.com/products/orthopedic-assessment-in-massage-therapy/