



The Effectiveness of Massage Therapy – A Summary of Evidence-Based Research Brochures Order Form

Members Only

Member Details

Name:

Postal address:

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Payment Details

\$45 per 30 Brochures
(inc postage and handling and GST)

Payment Method Amount \$ _____

Visa Master Card

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Expiry /

Name on Card

Signature

Cheque/Money Order - made payable to Australian Association of Massage Therapists Ltd



This report was commissioned by The Australian Association of Massage Therapists (AAMT), first published in October 2011. This is an overview of the key findings.

Massage can be defined as “manual soft tissue manipulation, and includes holding, causing movement, and/or applying pressure to the body.”¹ Massage therapy is the practice of massage by accredited professionals to achieve positive health and well-being (physical, functional, and psychological outcomes) in clients.^{1,2}

Please complete entire form and fax to 03 9602 3088 or mail to Level 6, 85 Queen Street, Melbourne Vic 3000

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Date placed	Date processed
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